

SECOND BRAIN

02

Give the assistant a job. Develop an idea through conversation.



FIND WHAT YOU NEED

- 02** Check a term
- 03** Give a useful brief
- 04** Check the research
- 06** Develop a scene
- 08** Review before generating
- 10** Watch and revise
- 15** Practise and review
- 18** Open useful links

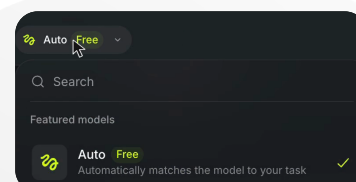
GLOSSARY

Essential terms

A raised number marks each term's first use in the main text.

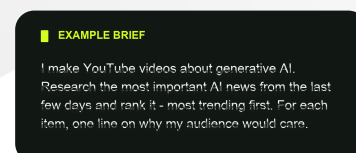
01 LLM

A large language model learns patterns from text during training. It can help explain a subject, write, plan or code. The Model settings menu under Auto chooses the language model you talk to. A separate video model generates the footage.



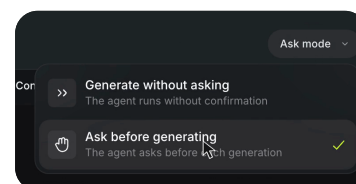
02 Context

The information the assistant needs about your task: who you are, what you need, what it should do and the form of the answer. Useful notes, data, images and references can also provide context when the tool can read them.



03 Ask before generating

The Ask mode setting used in the lesson to request approval before generation. To get creative questions before the prompt is written, ask for an interview in your message as well.



01 GIVE A USEFUL BRIEF

Give the job four parts

The labels help you think. You can write the request as an ordinary paragraph.

PROMPT

Find me AI news

The first answer was a useful weekly roundup. The request still left the timeframe, audience and purpose for the assistant to infer.

PROMPT

I make YouTube videos about generative AI. Research the most important AI news from the last few days and rank it - most trending first. For each item, one line on why my audience would care.

I AM

Who you are and who the work is for.

In the example: A YouTube creator covering generative AI.

I NEED

The outcome and any relevant timeframe.

In the example: Important AI news from the last few days.

DO

The action you want the assistant to take.

In the example: Research and rank the stories.

FORMAT

The form and level of detail of the answer.

In the example: A list with one audience-relevance line per item.

SAME JOB, SAME CHAT

Add missing details in the existing conversation. The lesson opens a fresh chat only to compare the two briefs.

02

CHECK THE RESEARCH

Check the answer

A well-specified request still needs a careful read of the response.

> Worked for 1m 4s

Biggest generative-AI news from the last few days

Ranked by a mix of media attention, recency, technical significance, and likely interest to a generative-AI YouTube audience—not by a direct YouTube trend-volume measurement.

1.

OpenAI launches GPT-6 Astra amid AGI speculation — Released September 3 and subsequently opened to more paid users, Astra is positioned as OpenAI's strongest model for computer use, browsing, coding, research, and autonomous task completion; Nvidia CEO Jensen Huang has called it the beginning of the "AGI era." **Why your audience cares:** This is the clearest "new model changes the game" story, with plenty to test across coding, agents, reasoning, and real-world workflows.  3 sources

Recorded response excerpt: the ranking, audience note and source links are visible.

Timeframe Check event and article dates against the period you requested.

Evidence Find the passage in the source that supports the claim.

02

CHECK THE RESEARCH

Check the answer / continued

Usefulness

Check how the ranking was made and whether it helps you choose a story.

WORKED CHECK / RELEASE DATE**CLAIM**

GPT-6 Astra was released on September 3, 2026.

SOURCE

OpenAI's announcement is dated September 3, 2026 and announces the release that day.

VERDICT

The release date is supported. Other claims in the screenshot still need separate checks.

Open OpenAI's dated announcement >

03

DEVELOP A SCENE

Start with your scene

Describe who is there, where they are and what happens. Bring the moment you want to see.

PROMPT

A bartender closes his empty bar at three in the morning. He switches the lights off one by one, and when he kills the last light, he walks slowly to the big window and stands there, sad and tired, looking far into the distance. Outside the window, far away in the dark, hangs the Earth - his bar is in space. Use the person in my attached photo as the bartender. Before you write the video prompt, ask me the questions you need answered to make this great. Write the prompt only after I've answered.

WHO One bartender, using the attached person as the reference.

WHERE An empty bar at 3 AM. The final view reveals that it is in space.

WHAT HAPPENS He switches the lights off, walks to the window and looks out at Earth.

IF IT SKIPS THE QUESTIONS

Ask again for the questions first. Answer them before asking for the video prompt, and add any important detail the interview missed.

ATTACH THE REFERENCE BEFORE SENDING

In the lesson: + > Attach file > Assets > Upload media. Wait for the thumbnail, then send the idea with the photo instruction and the interview request.

For your own exercise, use one person and one location. Attach your photo if you want to appear. Your scene can have a different setting and ending.

VIDEO / INTERVIEW

Answer the creative questions

These are the five answers in the lesson. Your questions and options may differ.

01 Frame

Sets the shape of the finished video.

ANSWER FROM THE LESSON

16:9 widescreen (cinematic)

02 Length

Sets the time available for the action and ending.

ANSWER FROM THE LESSON

~15 seconds

03 Bar

Defines the materials, atmosphere and physical setting.

ANSWER FROM THE LESSON

Realistic. A warm wooden bar with normal gravity, not a neon sci-fi set.

04 Camera

Specifies the intended framing, camera move and timing of the reveal.

ANSWER FROM THE LESSON

One continuous slow camera move towards the window. Keep the window outside the opening frame. Reveal the Earth only when he reaches the window at the end.

05 Sound

Defines what should be heard. Diegetic sound belongs to the scene, such as footsteps or switches.

ANSWER FROM THE LESSON

Diegetic sounds only, no music

TWO DIFFERENT REQUESTS

Ask before generating³ controls approval. The interview sentence asks for creative questions before the prompt is written.

04

REVIEW BEFORE GENERATING

Read the prompt first

Compare the instructions with your idea before asking for a paid take.

ORIGINAL EXCERPT

kills the last light

KEEP THIS INSTRUCTION

switching the lights off one by one

The initial prompt reduced the action to the last light. It already kept the window out of frame during the approach. The correction restores the light sequence while keeping the ending.

PROMPT

Write only the revised prompt, do not generate yet. Show him switching several lights off one by one before the slow walk to the window. Keep 15 seconds, 16:9, one continuous shot, normal gravity, my attached photo as the only bartender, and Earth revealed only at the end.

CHECK THE REVISED ACTION**SPINE**

A bartender finishes closing his empty bar at three in the morning, switching the lights off one by one, then walks slowly to the big window where Earth hangs small and distant in the dark.

Read the revised prompt for the person, bar, light sequence, continuous camera move and late Earth reveal. If a line is unclear or changes your idea, ask for another text revision.

VIDEO / GENERATION

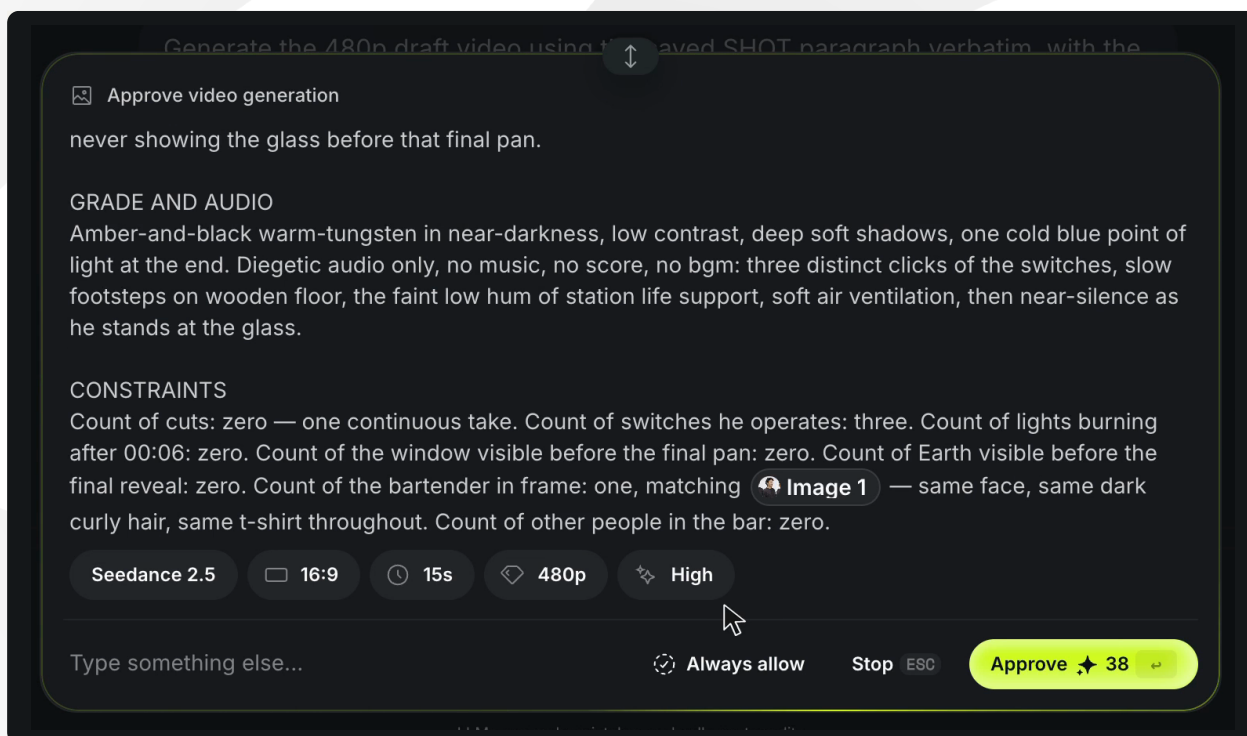
Request a draft, then approve

Use a draft to test the scene. Check the proposal before submitting it.

PROMPT

Generate it at 480p, it's a draft. Keep 15 seconds, 16:9, and the attached photo as the bartender reference. Ask for approval before generation.

REVIEW THE REFERENCE, MODEL, SETTINGS AND QUOTE



Approval demo · Draft 2. The recorded proposal shows 38 credits; check the quote for your own request.

Recorded demo: Seedance 2.5 / 15 seconds / 16:9 / 480p.

The model, settings and number of videos can affect the quote. Recheck it after a change.

FOR YOUR PRACTICE

Start with one draft. If the recorded setup is unavailable, ask for a supported model, duration and low resolution with a new quote. Keep Ask before generating on. Review the proposal before approving.

05

WATCH AND REVISE

Watch the whole take

The prompt can describe the right scene while the generated video still misses a detail.



Draft 1, opening frame. The window is already visible behind the bartender.

PERSON	Does the bartender resemble the attached person? Is the performance tired and quietly sad?
PLACE	Does the space feel like the warm wooden bar you described? Check the details you asked to preserve.
ACTION	Do several lights go off in sequence, followed by the slow walk to the window?
ENDING	When does the window first enter the frame? Does Earth appear at the moment you intended?

Watch with sound from beginning to end. Choose the one change that matters most to your idea.

VIDEO / REVISION

Give one specific note

Name the problem, state the change, and say what should stay. Ask to revise the text first.

PROMPT

The window is visible from the start. Keep it outside the opening frame and reveal it with Earth only when the bartender reaches it at the end. Keep the person from my photo, warm wooden bar, lights-off action, slow continuous camera move and quiet mood. Rewrite the prompt first; do not generate yet. Use readable paragraphs, outside a code block.

The reply added a curtain. That changed the room instead of only changing the framing, so the next message narrowed the instruction.

PROMPT

Keep the original bar with no curtains. Change only camera framing: begin facing the solid side wall and follow him along it, then pan towards the window only when he arrives. Preserve the same person, lights-off action, 15-second continuous take and quiet mood. Reply with only the revised SHOT paragraph, under 120 words. Do not generate.

SHOT is the part of this prompt describing the action and camera; the assistant may use a different heading.

VIDEO / REVISION

Give one specific note / continued

READ THE REVISION AGAIN

A later revision said "One cut." Adil clarified "Zero cuts, one continuous take" before generating. Check that a new version keeps the constraints you still want.

PROBLEM	The window appears too early.
CHANGE	Keep it outside the opening frame; reveal it at the end.
PRESERVE	The same person, wooden bar, lights-off action and quiet mood.

IF YOU NEED A SECOND DRAFT

Stay in the same chat. Read the revised prompt, then request generation with the same reference and draft settings. Recheck the model, reference, settings and quote before approving.

VIDEO / SAVE

Compare and keep a take

Compare the same moment in each version, then watch both full videos.

DRAFT 1



0:00 / Window visible in the opening.



DRAFT 2



0:00 / Opening faces the wooden wall.



VIDEO / SAVE

Compare and keep a take / continued

0:14.5 / Final view of Earth.

0:14.5 / Final view of Earth.

The opening framing changed, and both takes end at the window. To judge the reveal, check when it happens during the whole shot; the first and last frames alone cannot tell you that.

A new generation may also change details you wanted to keep. Recheck the person, clothing, setting, action and sound, not just the part you corrected.

SAVE THE VIDEO AND ITS MATCHING PROMPT

Download the take you prefer from its viewer. Select the text in that same viewer's Prompt field and copy it with Command-C on Mac or Control-C on Windows. Keep the idea, generating prompt and video together.

A WORKING FIRST TAKE IS ENOUGH

Stop after at most two drafts for this exercise. If work remains, label the video as a draft and note the next change.

06

PRACTISE AND REVIEW

Try it on your own

Use a real task and an original scene. Write brief notes before opening the chat.

01 A TASK YOU NEED DONE THIS WEEK

Choose a task with an answer you can use. Start a new chat, supply the four parts, then check the response and any facts you will rely on.

I AM

I NEED

DO

FORMAT

If something is missing, add it in the same chat and review the revision. Save a usable answer.

02 A SCENE YOU WANT TO SEE

Start a new chat. Describe one person in one location in three sentences. Ask for the interview, answer its questions, then review the prompt.

WHO

WHERE

WHAT HAPPENS

ONE DRAFT, THEN REVIEW

The demo uses Seedance 2.5, 15s, 16:9, 480p. Request one draft. If this setup is unavailable, ask for a supported alternative and its quote before approving. Keep the take if it works; allow at most one more after a specific text revision.

FINAL CHECKLIST

Check your finished work

Use these checks on your research answer and chosen video.

Research I can use

The saved answer helps with my task and fits the audience, timeframe and format I requested.

Supported facts

The facts I plan to use have supporting sources. Where dates matter, they fit the period I asked about.

Clear action and ending

The main action reads clearly, and the ending delivers the moment I intended.

A recognisable person and place

The character and setting stay coherent. Where I used a photo reference, the person remains recognisable.

Coherent camera and sound

The camera move is understandable, sound fits the action, and unplanned jumps or noises do not interrupt the scene.

Chosen take and matching prompt saved

The saved video plays through the ending. Its idea and exact generating prompt are saved with it.

A WORKING DRAFT IS VALID

If a video check still needs work, label the take Draft and record the single next fix. You do not need another paid take to complete this exercise.

KEEP TOGETHER

Research answer, chosen video, idea and exact generating prompt. Add a short note on what worked and the next fix, if needed.

If something needs a fix >

REVIEW / FIXES

If something needs a fix

Find the problem, make a focused change, then check your work again.

01 The research is too broad or hard to trust

Add the missing audience, timeframe, task context² or format in the same chat. Open the cited sources and check the claims and dates before saving a usable answer.

Review the four-part brief >

02 The prompt or generation settings are wrong

Correct the text before generating. Check the scene, reference, model, duration, aspect ratio, resolution and credit quote. Approve only when the proposal matches your request.

Review the prompt and proposal >

03 The take misses an important detail

Name one problem, say what should change and what should stay, then revise the text first. Generate another draft only if needed, within the two-draft limit. Keep a usable take; note any remaining issue.

Review the iteration and save steps >

NEXT LESSON

Choose an object you'd like to advertise and prepare a clear photo of it. You can also use the supplied sunglasses references in Lesson 3.

Open SuperComputer >

Higgsfield Help Center >

USEFUL LINKS

Further reading & practice

Selected resources for this lesson. Click a title to open it.

01 Explore Supercomputer

HIGGSFIELD / OVERVIEW

Explore how a conversational assistant can help you develop ideas, work with references and create content.

02 Write Clearer Prompts

OPENAI / PRACTICAL GUIDE

Practise giving clear instructions, adding useful context and refining a response through conversation.

03 Connect Higgsfield to Claude or ChatGPT

HIGGSFIELD / OPTIONAL SETUP

Connecting your Higgsfield account gives the assistant access to Higgsfield tools inside your chat. You can develop an idea, ask it to generate an image or video, then request another version in the same conversation. The assistant runs the generation through Higgsfield, and the results are saved to your Higgsfield Assets.

The connection can also check your credit balance and retrieve recent generations. An active Higgsfield subscription is required, and generations through the connection use Higgsfield credits. Ask the assistant to show the proposed settings and cost before it generates. Follow the linked guide for the setup in your chosen app.